May I hold virtual appointments with students?

Yes, but only if a student requests a virtual appointment. In-person should be the default for any student appointments.

Can I require people to wear a mask in my personal office?

No. If you have concerns about holding meetings in your personal office, talk with your supervisor.

I am having symptoms but have not yet received the results of my COVID-19 test. Should I stop reporting to campus?

Yes. Cyclones Care emphasizes that if an employee is not feeling well, they should not come to work. Employees who do not feel well (including being symptomatic and waiting for a COVID-19 test) should follow the absence processes and policies, use the leave options available to them, including sick leave (if accrued) and, in the case of a positive test result, Board of Regents COVID-19 Sick Time Off.

I just tested positive for COVID-19. Now what?

Follow guidance from your health care provider, isolate at home, and contact your supervisor to make appropriate work arrangements.

If I tested positive for COVID-19 and am feeling well enough to work, may I work from home?

In some cases, employees may be able to work from home if they tested positive for COVID-19 and feel well to complete their work from home. However, in many cases employees will need to use the appropriate leave options available to them, including Board of Regents COVID-19 Sick Time Off. The COVID-19 Isolation Workflow provides additional steps for employees who test positive for COVID-19.

Can the phrase “(But not required)” be removed from the face mask signs in my office space?

Yes. The Board of Regents approved that change. New signs which simply state “Face masks encouraged” is available here and may be used in offices and other indoor spaces.

What guidance is available if I have close contact with a person infected with COVID-19?

It depends on vaccination status. Employees who are not vaccinated and come into close contact with an infected person are directed to quarantine for 14 days, whether exhibiting symptoms or not. In this case, one should follow the standard planned
absence procedure. According to the university's COVID-19 Quarantine Workflow, employees who are vaccinated and asymptomatic do not need to quarantine if they come into close contact with an infected person. These individuals are asked to test 3-5 days after the exposure; if the test result is positive, they would follow the expectations outlined for anyone who has received a positive COVID-19 test.

**What options are available if my child must remain home to isolate or quarantine?**

Employees who need to be home to care for dependent children are encouraged to use the standard leave options available to them. These include sick leave (if accrued) or Board of Regents COVID-19 Sick Time Off. Note: the Board of Regents Sick Time Off may also be used if a childcare provider has closed due to COVID-19.

**Where can I find the most up to date information about COVID-19?**

Last week, faculty and staff received an Inside Iowa State update on COVID-19 including vaccinations, at-home tests, and positivity rates.

The Moving Forward website has several helpful resources including “By the numbers” which provides weekly summary of tests and positivity rates and “Updates” where you can find the latest campus information.

**I’m planning an in-person event. What details should I consider?**

Many operations are “business as usual” for in-person events. Should you have questions or would like additional guidance due to the nature of your event, visit the “Events, gatherings, and venues” page off the Moving Forward website.