

CO-CURRICULAR LEARNING DOMAINS

At Iowa State University, we believe that learning is an activity that happens anywhere and everywhere on campus. Further, we believe that the activities associated with the college experience, especially those that help emerging adults gain the cognitive and social skills necessary to be successful outside of college, should be rooted in a common set of definitions and goals.

The five Co-Curricular Learning Domains, definitions, and related dimensions provide both a framework and a language for describing/defining the learning that occurs through the co-curricular programs and services offered in the Division of Student Affairs.



CIVIC ENGAGEMENT

Supporting the process of students becoming responsible, engaged citizens who contribute to global and local communities.

- **Civic Responsibility**
- **Social Responsibility**
- **Global Perspective**



JUSTICE, EQUITY, AND INCLUSION

Supporting students in their identity and awareness development processes, and challenging them to move toward broader understanding of complex environments. Future professionals need skills in awareness advocacy, equity concepts, inclusion programming, and collaboration.

- **Awareness of Diversity & Appreciation for Diverse Experiences**
- **Cultural Competency**
- **Identifying and Addressing Inequity**



INTRAPERSONAL DEVELOPMENT

A reflective process through which students are able to develop, define, and integrate their personal identities, values, and beliefs into everyday actions, choices, and decisions.

- **Self-Awareness & Understanding**
- **Ethics**
- **Purpose-Driven**
- **Accountability & Integrity**



LEADERSHIP

A relational and ethical process of people together attempting to accomplish positive change. *

- **Purposeful**
- **Group-Oriented**
- **Empowering**
- **Ethical**



WELLNESS

An active process through which people become aware of, and make choices toward a successful existence. **

- **Occupational**
- **Physical**
- **Emotional**
- **Spiritual**
- **Social**
- **Intellectual**
- **Environmental**
- **Financial**

* Komives S.R., Lucas N., & McMahon, T.R. (2013). *Exploring leadership: For students who want to make a difference (3rd ed.)*. San Francisco: Jossey-Bass.

** National Wellness Institute (n.d.). *The six dimensions of wellness*. Retrieved from https://www.nationalwellness.org/page/Six_Dimensions